

Statistics Report 01243, Fat free ice cream, no sugar added, flavors other than chocolate

Report Date: December 05, 2015 05:45 EST

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	65.52	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Energy	kcal	129	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
Energy	kJ	541	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
Protein	g	4.41	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2011
Total lipid (fat)	g	0.00	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2011
Ash	g	1.20	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Carbohydrate, by difference	g	27.94	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2011
Fiber, total dietary	g	7.4	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2011
Sugars, total	g	8.82	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2011

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Minerals													
Calcium, Ca	mg	147	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2011
Iron, Fe	mg	0.00	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2011
Magnesium, Mg	mg	9	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Phosphorus, P	mg	75	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Potassium, K	mg	196	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Sodium, Na	mg	110	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2011
Zinc, Zn	mg	0.31	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Copper, Cu	mg	0.030	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Selenium, Se	µg	1.9	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2011
Thiamin	mg	0.029	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Riboflavin	mg	0.122	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Niacin	mg	0.074	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin B-6	mg	0.029	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Folate, total	µg	4	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Folic acid	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Folate, food	µg	4	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Folate, DFE	µg	4	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Choline, total	mg	23.0	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Vitamin B-12	µg	0.52	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Vitamin A, RAE	µg	133	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
Retinol	µg	132	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
Carotene, beta	µg	12	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Vitamin A, IU	IU	461	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Vitamin E (alpha-tocopherol)	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2011
Vitamin K (phylloquinone)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
Lipids													
Fatty acids, total saturated	g	0.000	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2011
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
12:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
14:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
16:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
18:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
Fatty acids, total monounsaturated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
18:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
Fatty acids, total polyunsaturated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:2 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
18:3 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	19867	04/2011
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2011
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	19260	04/2011